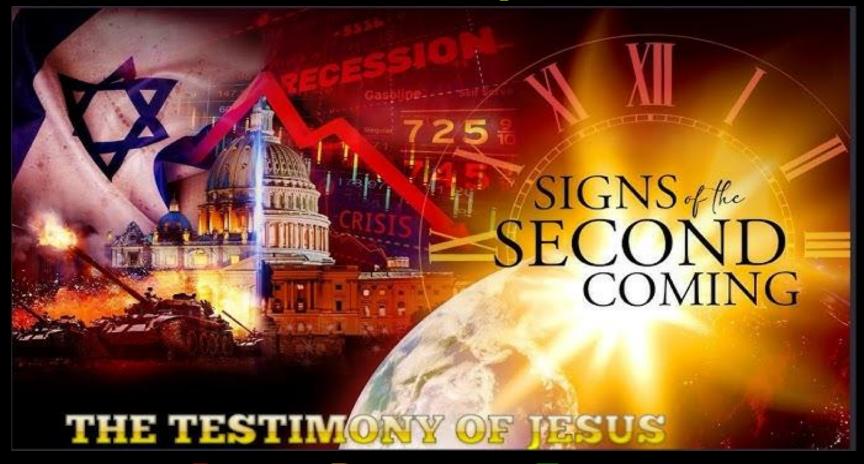
End-time Preparation: Emotional Preparation





Past > Present > Future

www.prophecylive.org



Learn from the Past > Understand the Present > Prepare for the Future



Inreach & Outreach Resource



This booklet is an eye opener of what's happening in the world.

This 40 page A5 size booklet has the key aspects of the –

PAST, PRESENT & FUTURE.

It's available at the cost of printing & postage for bulk orders.

PDF is available on ProphecyLive.org



Enter The Ark of Hope

The Great Controversy between God and Satan is primarily over

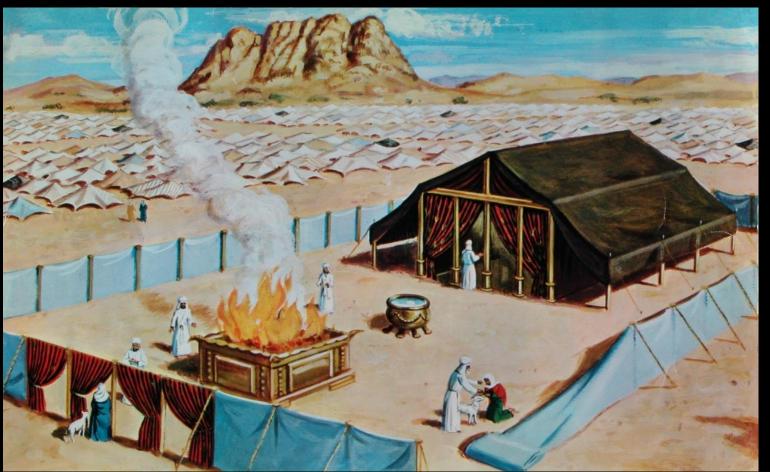
"WORSHIP"

Who will you Choose?



Get into the Ark Sanctuary





And let them make me a sanctuary; that I may dwell among them.

Exodus 25:8

Psalms 77:13



Health Snippet - Kai-Lan

Health Benefits of Kai-Lan (Seek Medical Advice)

Kai-Lan or Gai lan is the Cantonese name for Chinese broccoli or Chinese kale also known by its botanical name Brassica var alboglabra. Affordable, easy to prepare and available all year round, this vegetable is popular and commonly found. All parts of this vegetable can be eaten.

67g or 2.4 ounces kailan contains: Vitamin A: 206%, Vitamin K: 684%, Vitamin C: 134%, Vitamin B6: 9%, Manganese: 26%, Calcium: 9%, Copper: 10%, Potassium: 9%, Magnesium: 6%, 3% vB1 (thiamin), vB2 (riboflavin), vB3 (niacin), iron & phosphorus. Health benefits of Kai-Lan:

- 1. <u>Rich in Antioxidants</u>: including beta-carotene and vitamin C, as well as various flavonoids and polyphenols.
- 2. <u>Lowers Cholesterol</u>: study drinking kailan juice daily for 12 weeks increased HDL cholesterol by 27% and lowered LDL levels by 10% while increasing antioxidants in the body.
- 3. <u>The World's Best Source of Vitamin K</u>: One cup of raw kailan contains 7 times the vitamin K for the daily amount which can help prevent heart disease and osteoporosis.
- 4. <u>Contains Cancer-Fighting Substances</u>: sulforaphane has been shown to fight the formation of cancer at the molecular level.
- 5. <u>Rich in Beta-Carotene</u>: which can be converted into vitamin A. <u>Side Effects</u>: No known side effects.

Gai Lan

BACHELOR

{ It is slightly bitter than Broccoli }

PREPPING

Wash the leaves and stems gently in cold water before using.

HEALTH BENIFITS

It is a source of vitamin A, vitamin C, iron, calcium and potassium.

FUN FACTS

The hybrid form of broccoli and gai lan is Broccolini

SCIENTIFIC NAME

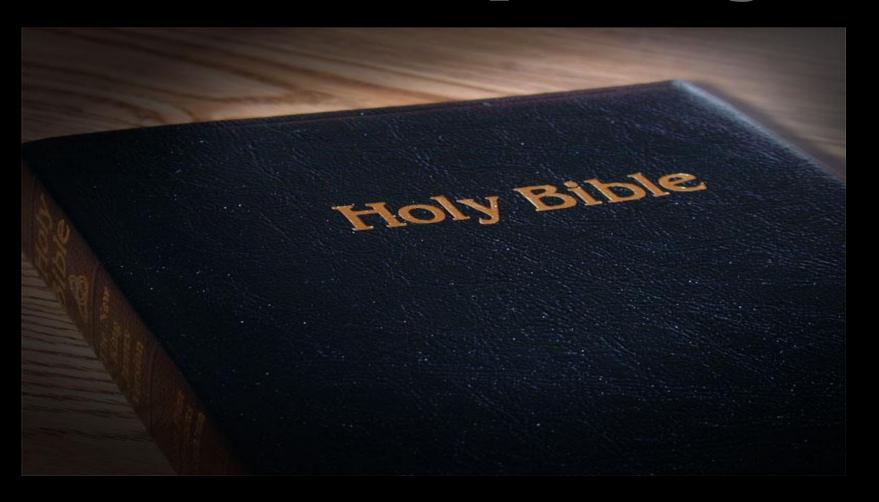
Brassica oleracea Alboglabra

PAIRING

Soups, Salad, Sauces, Chinese food



Can We Trust Bible Prophecy?



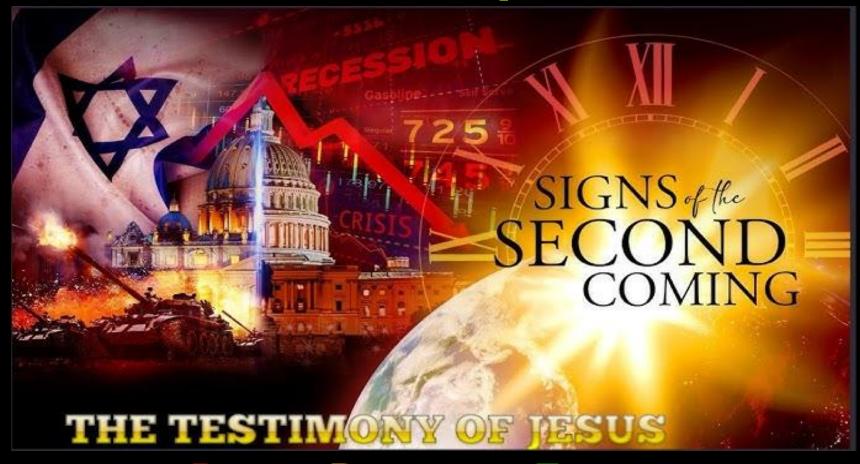


Yes, we Can!

Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD. Psalm 27:14



End-time Preparation: Emotional Preparation





Past > **Present** > **Future**

Introduction

Ellen G. White GC 622.3

The "time of trouble such as never was," is soon to open upon us; and we shall need an experience which we do not now possess, and which many are too indolent to obtain. It is often the case that trouble is greater in anticipation than in reality; but this is not true of the crisis before us. The most vivid presentation cannot reach the magnitude of the ordeal.

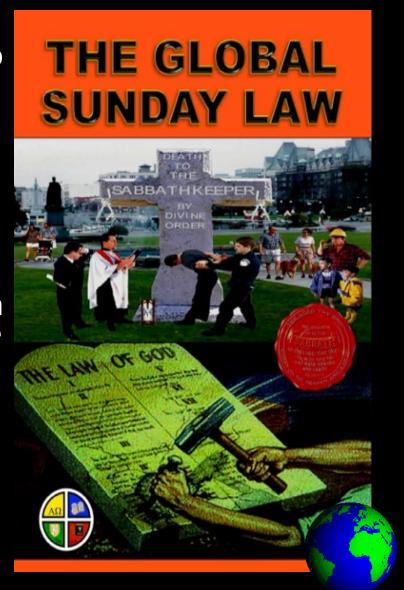
Universal Sunday Law Enforcement

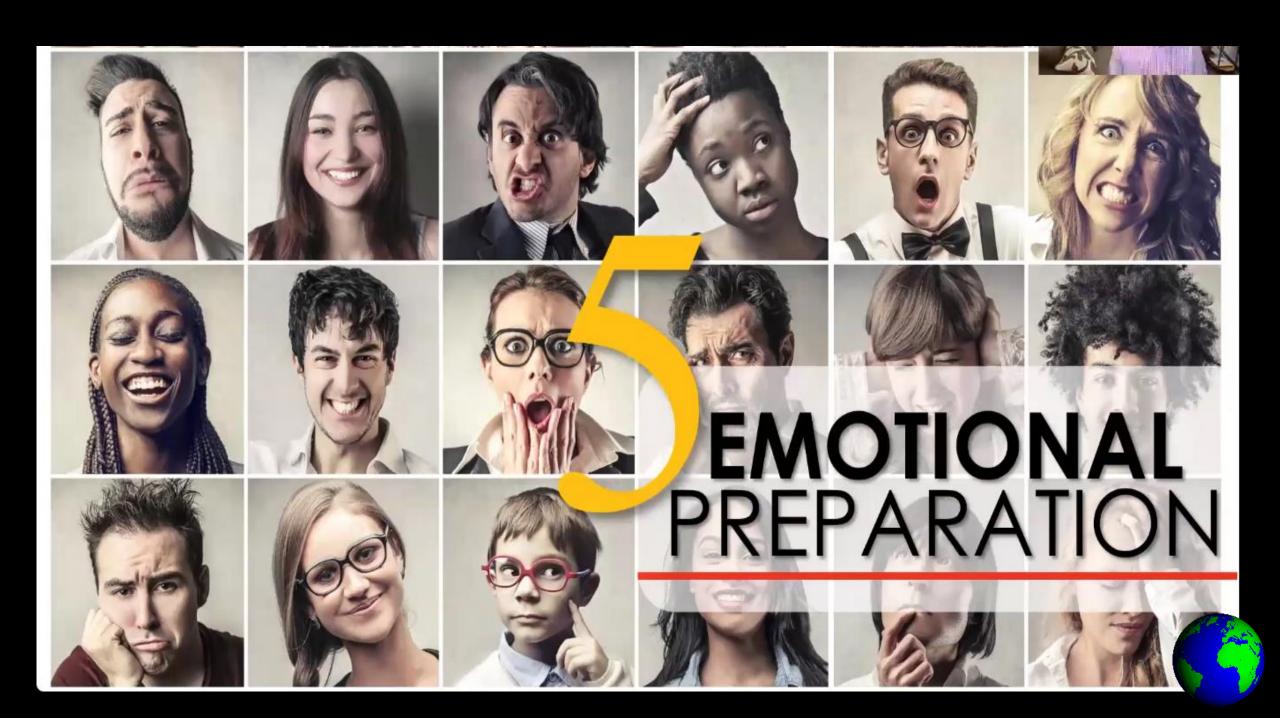
One: A Sunday-keeping decree will be forced upon the world. "The decree enforcing the worship of this day is to go forth to all the world." - Seventh day Adventist Bible Commentary, vol. 7, 976.

Two: All of the world will accept and will participate. "The Sabbath question is to be the issue in the great final conflict in which all the world will act a part." - Testimonies, vol. 6, 352.

Three: Foreign nations will accept this Sunday law. "Foreign nations will follow the example of the United States. Though she leads out, yet the same crisis will come upon our people in all parts of the world." - Testimonies, vol. 6, 395.

Four: All nations will obey. "All nations and tongues and peoples will be forcibly commanded to worship this spurious Sabbath. This is Satan's plan to make of no account the day instituted by God, and given to the world as a memorial of creation. The decree enforcing the worship of this day is to go forth to all the world." - Maranatha, 214.





Everything needs to be surrendered to Jesus

UPPER NATURE **SPIRIT**

MIND/HEART/WILL/MENTAL

LOWER NATURE

BODY/FLESH/PHYSICAL/OLD MAN/CARNAL

EMOTIONS/FEELINGS/GUT/INSTINCT

S

0

U

L

First thing to overcome is...



Some fear...

Wild Animals





Example: when you hear...



IHOPKC cuts ties with Mike Bickle after new information confirms inappropriate behavior



The Christian Post's top 10 news stories of 2023 (part 2)



China attempts to stifle Christianity with education system crackdown



Pornhub parent company admits to profiting from sex trafficking, agrees to 3-year monitor

Home World



60% rise in Christians killed worldwide in 2020: Open Doors report

Governments use COVID-19 as excuse for persecution of Christians

By Jackson Elliott, Christian Post Reporter | Thursday, January 14, 2021



MOST POPULAR

The Christian Post's top 10 stories of 2023 (part 1)



Vandal sues pro-life pregnancy center for 'medical malpractice' after defacing clinic



160 Christians massacred, including pastors, in Nigeria;



God Protects His Own!

ALMOST LOOKS APOCALYPTIC!

Tacloban SDA Church,
Philipines stood tall through
the storm while virtually
everything else was mowed
down around it.

Makes me think of the words...

"He that hears these words of mine and does them....

"And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock." -

Matthew 7:25



Let's Examine Satan's attacks on God's People

I. Satan's external attacks on the Church.

- Civic rulers.
- 2. Religious leaders.
- 3. Businesses and corporations.
- Mobs.
- Family pressures.



I. Satan's external attacks on the Church.

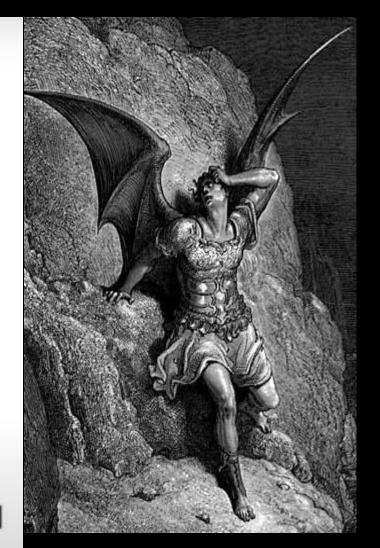
- Isolating Christians, e.g. through arrest, expulsion or enforced dispersion.
- 2) Sowing conflict among Christians.
- Attacks from local dominant faith leaders and faith groups / mobs.
- 4) Religious nationalism, in which Satan inspires civic leaders to try and force Christians to return to their "ancestral" or "former" religions or the pagan gods of their ancestors, all in the name of patriotism or nationalism.
- Secular humanism, which proclaims tolerance but is profoundly intolerant of Christians and the exclusive claims of Jesus Christ.
- 6) Anti-conversion laws.
- 7) Strict controls over approved worship centers.





I. Satan's external attacks on the Church.

- 8) Anti-blasphemy laws, often enforced by mobs rather than by the local judiciary.
- 9) Economic discrimination.
- 10) Martyrdom.
- 11) Abductions and forced marriages for Christian girls.
- 12) Upholding God-less ideologies.
- 13) Neutralizing the Christian witness through closing all churches, closing all Christian institutions and ministries, cutting off links with Christians in other countries, forbidding travel by Christians, closing access to financial facilities for Christians, and "re-educating" and indoctrinating Christians and their children etc.





Satan's Internal attacks on the Church

- Pride.
- 2. True guilt.
- False guilt.
- Fear.
- Materialism.



God's promises are for our encouragement

1 John 4:18 - There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.



III. The road to persecution.

Dr Johan Candelin, the head of the Religious Liberties Commission of the World Evangelical Alliance, studied how persecution begins and is manifest in countries around the world

He identified the following three-stage process leading to persecution becoming entrenched within a society:

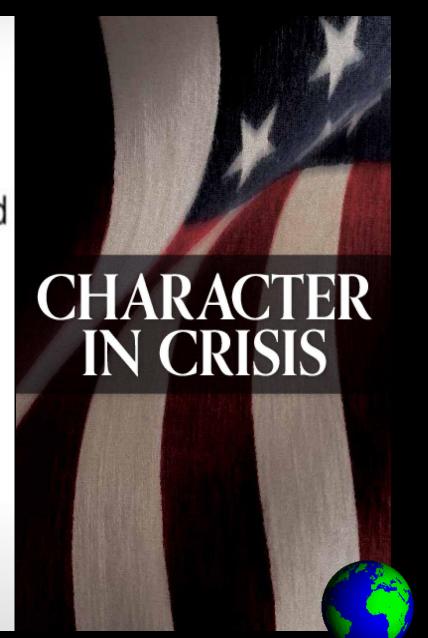


- Disinformation.
- 2. Discrimination.
- 3. Persecution.



IV. Towards a theology of persecution.

- Character is not formed in times of crisis it is revealed for what it already is.
- Every decision today helps to shape our character for tomorrow.
- We prepare for persecution tomorrow for the sake of Christ by seeking by God's grace to fully live and exemplify the Beatitudes and the other teachings of Jesus Christ today.



God's Word tells us...

2 Timothy 3:12 - Yea, and all that will live godly in Christ Jesus shall suffer persecution.

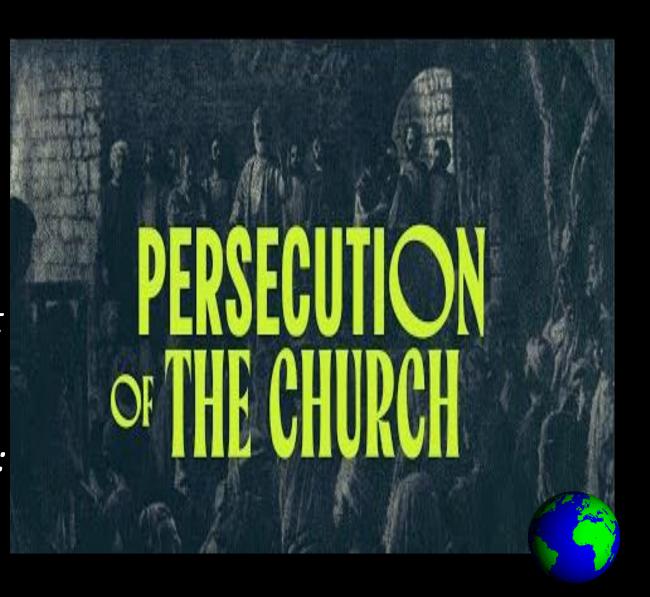
John 15:20 - Remember the word that I said unto you, The servant is not greater than his lord. If they have persecuted me, they will also persecute you; if they have kept my saying, they will keep yours also.



God's Word tells us...

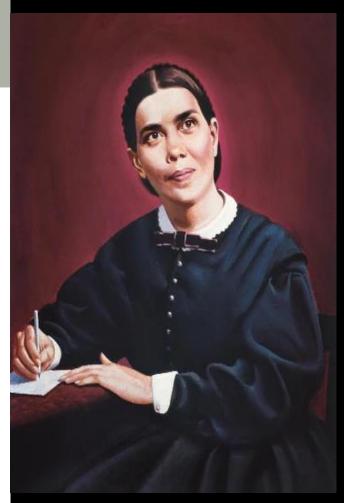
Matthew 5:10 Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.

- 11 Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.
- 12 Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.



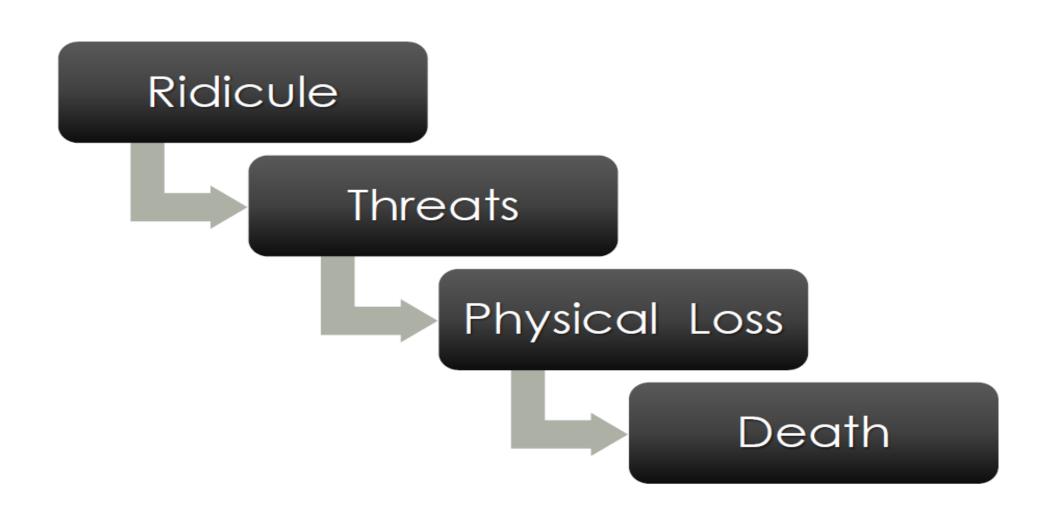
Ellen G. White LDE 146.3

Wealth, genius, education, will combine to cover them with contempt. Persecuting rulers, ministers, and church members will conspire against them. With voice and pen, by boasts, threats, and ridicule, they will seek to overthrow their faith.





What we will face in the future is...



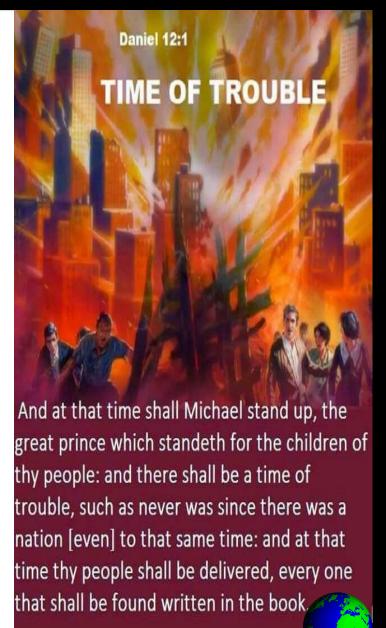
3

Poverty



Ellen G. White 3SM 427.5

The time of trouble was upon us. I saw our people in great distress, weeping and praying, pleading the sure promises of God, while the wicked were all around us mocking us and threatening to destroy us. They ridiculed our feebleness, they mocked at the smallness of our numbers, and taunted us with words calculated to cut deep. They charged us with taking an independent position from all the rest of the world.



Ellen G. White 3SM 427.5

They had cut off our resources so that we could not buy or sell, and they referred to our **abject poverty** and stricken condition. They could not see how we could live without the world. We were dependent on the world, and we must concede to the customs, practices, and laws of the world, or go out of it. If we were the only people in the world whom the Lord favored, the appearances were awfully against us.

UNDERSTANDING THE END TIMES

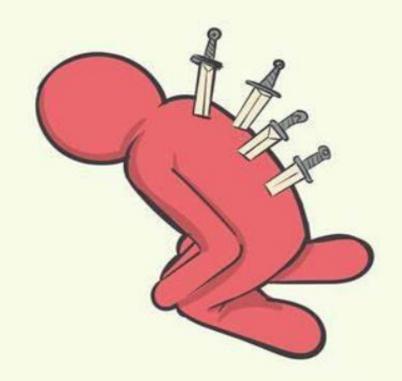


True love for God and to be with Him...

Matthew 19:29 - And every one that hath forsaken houses, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for my name's sake, shall receive an hundredfold, and shall inherit everlasting life.



Betrayal





Micah 7:5, 6



Don't trust anyone not your best friend or even your wife! For the son despises his father. The daughter defies her mother. The daughter-in-law defies her mother-in-law. Your enemies are right in your own household!



Ellen G. White ChS158.1



The work which the church has failed to do in a time of peace and prosperity, she will have to do in a terrible crisis, under most discouraging, forbidding, circumstances. The warnings that worldly conformity has silenced or withheld, must be given under the fiercest opposition from enemies of the faith. And at that time the superficial, conservative class, whose influence has steadily retarded the progress of the work, will renounce the faith, and take their stand with its avowed enemies, toward whom their sympathies have long been tending.

Ellen G. White Ch\$158.1

These apostates will then manifest the most bitter enmity, doing all in their power to oppress and malign their former brethren, and to excite indignation against them. This day is just before us. The members of the church will individually be tested and proved.



The Holy Spirit is Withdrawn from the Earth



Need to be able to stand alone!

Matthew 10:34 Think not that I am come to send peace on earth: I came not to send peace, but a sword.

35 For I am come to set a man at variance against his father, and the daughter against her mother, and the daughter in law against her mother-in-law.

36 And a man's foes shall be they of his own household.

37 He that loveth father or mother more than me is not worthy of me: and he that loveth son or daughter more than me is not worthy of me.

38 And he that taketh not his cross, and followeth after me, is not worthy of me.

39 He that findeth his life shall lose it: and he that loseth his life for my sake shall find it.



Jesus has given us the example!

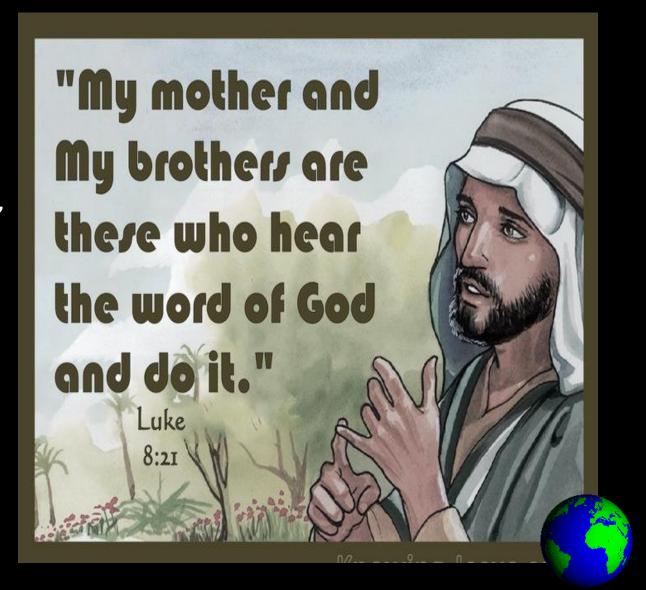
Matthew 12:46 While he yet talked to the people, behold, his mother and his brethren stood without, desiring to speak with him.

47 Then one said unto him, Behold, thy mother and thy brethren stand without, desiring to speak with thee.

48 But he answered and said unto him that told him, Who is my mother? and who are my brethren?

49 And he stretched forth his hand toward his disciples, and said, Behold my mother and my brethren!

50 For whosoever shall do the will of my Father which is in heaven, the same is my brother, and sister, and mother.





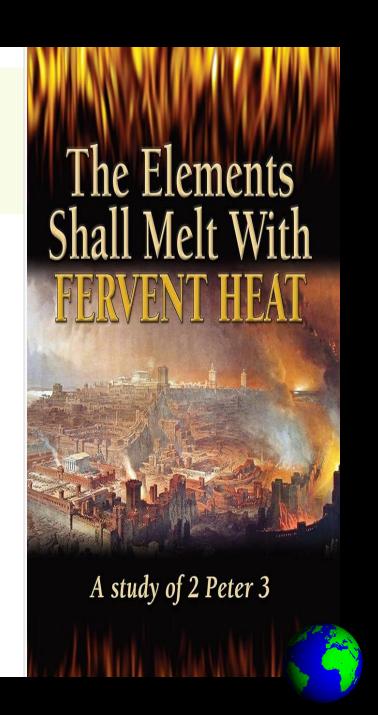
Ellen G. White HB 125.4

This creating of strife is not the effect of the gospel, but the result of opposition to it. Of all persecution the hardest to bear is variance in the home, the estrangement of dearest earthly friends. But Jesus declares, "He that loveth father or mother more than Me is not worthy of Me: and he that loveth son or daughter more than Me is not worthy of Me."



Ellen G. White GC 622.3

The "time of trouble such as never was," is soon to open upon us; and we shall need an experience which we do not now possess, and which many are too indolent to obtain. It is often the case that trouble is greater in anticipation than in reality; but this is not true of the crisis before us. The most vivid presentation cannot reach the magnitude of the ordeal.

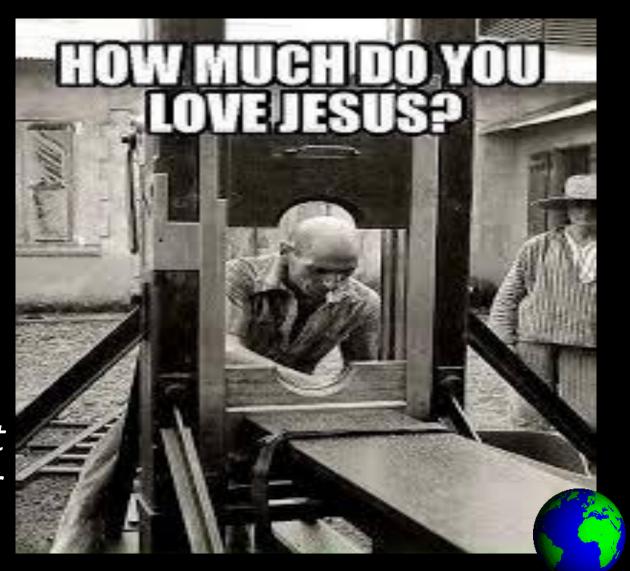




We should be able to say this...

2 Peter 1:12 Wherefore I will not be negligent to put you always in remembrance of these things, though ye know them, and be established in the present truth. 13 Yea, I think it meet, as long as I am in this tabernacle, to stir you up by putting you in remembrance;

14 Knowing that shortly I must put off this my tabernacle, even as our Lord Jesus Christ hath shewed me.





Ellen G. White LDE 149.5

The best thing for us is to come into close connection with God and, if He would have us be martyrs for the truth's sake, it may be the means of bringing many more into the truth.



Ellen G. White LDE 150.1

Many will be imprisoned, many will flee for their lives from cities and towns, and many will be martyrs for Christ's sake in standing in defense of the truth.



"Lord, Give Me One More"

"Hacksaw Ridge" is the story of Corporal Desmond Doss, a Seventh-day Adventist combat medic who single-handedly rescued 75 soldiers during the Battle of Okinawa. As a result of his bravery, he was awarded the Congressional Medal of Honour, the United States' highest military honour. "Hacksaw Ridge" is poised to thrust Seventh-day Adventists into the forefront of global consciousness.

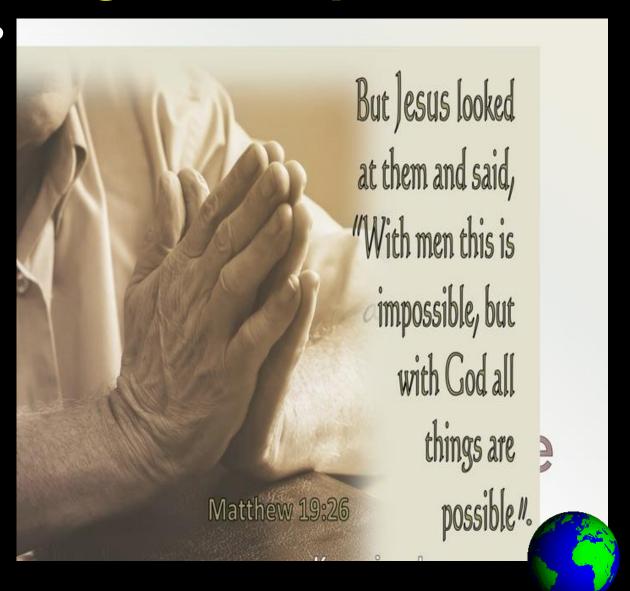
Desmond Doss' story transcends political lines, even as it transcends religious boundaries. Doss was a man of faith whose story resonates with people from all walks of life.

Desmond Doss' prayer is the prayer that should be prayed by Christians everywhere. "Lord, give me one more. Help me get one more!" As the last few sands pass through the hourglass of time, precious opportunities are being presented to reach this world for Christ.



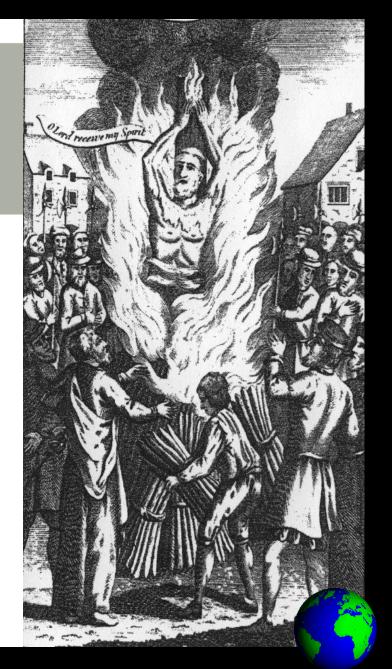
God has promised to give His power

2 Corinthians 12:9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.



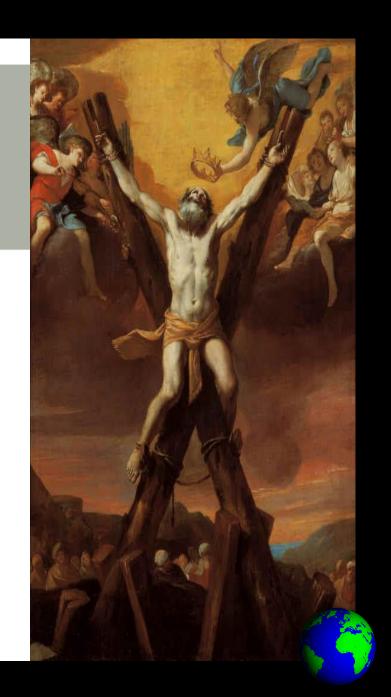
Ellen G. White LDE 150.4

We are not to have the courage and fortitude of martyrs of old **until** brought into the position they were in.... Should there be a return of persecution there would be grace given to arouse every energy of the soul to show a true heroism.



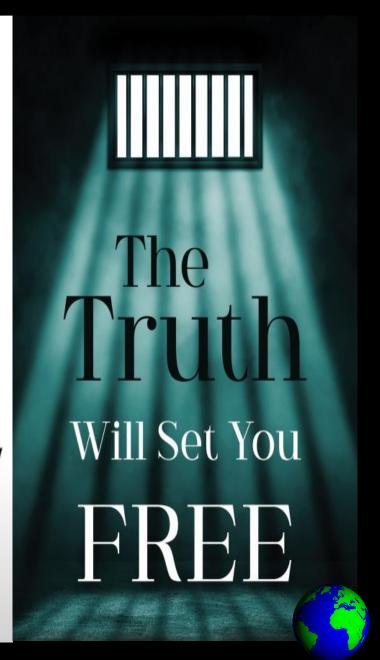
Ellen G. White DA 354.3

The disciples were not endowed with the courage and fortitude of the martyrs until such grace was needed.



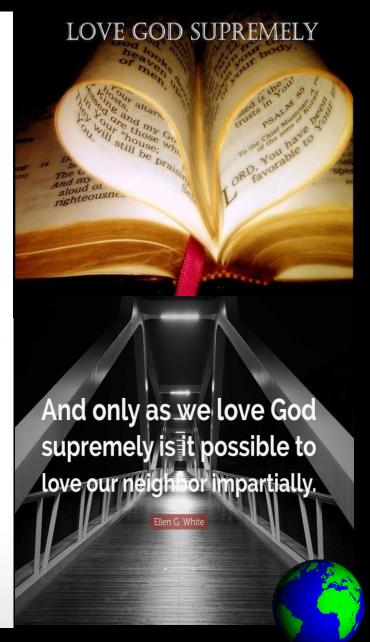
We Must Have the Truth

- Jesus is "The Truth" (John 14.6).
- Around The Truth is a scaffolding of theology, sermons, exposition.
- Bible texts do not get one through persecution. The Truth does.
- "My grace is sufficient for you" (2 Cor. 12.9) doesn't get us through persecution, God's grace does, in practice, experienced and real and personal.
- Sacred words are only the means to point to the ultimate reality they express. We must be connected with that Ultimate Reality, i.e. Jesus Himself.



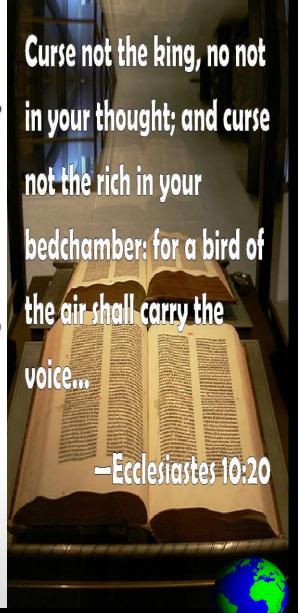
Love God Supremely

- Our love for God must triumph over our love for our family.
- We are to be prepared in advance for betrayal of, condemnation of, persecution of, loved family members.
- Jesus remained on the cross and watched his mother weeping below, yet He refused to come down.
- The plan of salvation had to take priority over human sentiment.
- We are to invite the Man of Sorrows to dwell in us. Our first allegiance is to be to Him.



Learn the Value of Silence

- Seemingly innocent information can be twisted or used against you or another person.
- Former wives, estranged friends and family members can be our worst enemies, providing information to our persecutors.
- Eccl. 10.20 counsels us to not tell the secrets of our hearts to even our spouse – for they may betray us and reveal all to save themselves.
- Maintain discretion and avoid gossip.
- Silence is golden. Consider whether your words will disseminate "harmless" information that can be used against you or another.

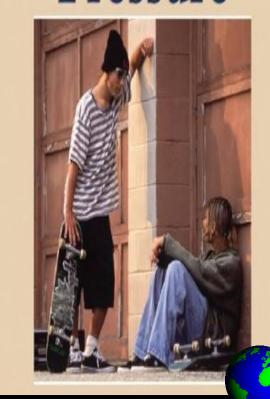


Treacherous Quarreling

- Whenever there is a quarrel, there are reciprocal accusations.
- "Be at peace with all men" (Heb. 12.14). Disputes and accusations give ammunition to persecutors to divide and conquer the Church.
- Learn to avoid quarrels now. Let love reign supreme. Charity in areas of private conscience. Unity in the essentials of the faith.
- "Blessed are the peacemakers, for they will be called the children of God" (Matt. 5.9).



Peer Pressure



Resisting Pressure

- It is preferable to take a beating in prison than to divulge information about fellow disciples.
- Silence is preferred over lying to persecutors.
- Let your every word be true, so be very careful about what / where you speak.
- House churches are necessary when official congregations are banned.
- Alternate language can be used, e.g. "I am reading the last will of a friend" rather than "I am reading the New Testament."

The Possibility of Imprisonment

- For the believer, a prison is a new place to witness with a captive audience. Fellow prisoners cannot change churches easily!
- Due to the constant movement of prisoners among prisons, the opportunities to spread the Gospel are immense.
- "You will be brought before kings and rulers to be a testimony to them" (Mark 13.9). Legal proceedings spread the Gospel.
- Imprisonment is not the end of the world it is a new chapter of ministry.



PRISONS AND IMPRISONMENT





Overcoming Loneliness and Solitude

- Loneliness and solitary confinement are major challenges. Someone can go mad when in underground cells with no noise or human contact of any kind.
- Prepare by reading books by prisoners who have survived such experiences ("Sermons in Solitary Confinement" and "if Prison Walls Could Speak" speak of such experiences).
- Sleep by day, pray and praise by night, when the forces of darkness are most active.
- Hold prayer vigils with disciples through the night, engaging in systematic prayer for all whom you know or even do not know.
- Engage in mental exercises, e.g. recite Bible passages from memory, prepare sermons in your head and then deliver them to yourself, compose prison hymns, poems or lecture series.

The Possibility of Torture

- Torture can happen everywhere in the world. No country is immune.
 Torture is very sophisticated and is designed to break the will or make the prisoner lose his / her mind, or confess to crimes they have not committed, or betray another disciple.
- Torture used in excess can drive people to a new or renewed faith as they see the reality of evil all around them.
- There is a moment of crisis when we want to give in and betray another or make a false confession. Torturers recognize this moment.
- If we pass through the moment of crisis, we can survive.
- Right breathing (deeply, regularly) oxygenates the body, calms the mind.
- Endure the torture of the moment. Don't dwell on tomorrow.



What about Brainwashing?

- Brainwashing goes with torture. It seeks to change our behavior by changing how we think subconsciously.
- The Christian antidote is heart-washing, "Blessed are the pure in heart, for they shall see God" (Matt. 5.9).
- Stephen, about to be stoned, saw Jesus, not the mob. What do we focus on? What do our minds dwell upon?
- Brainwashing can be resisted. "Jesus is dead" says the regime. "Yes, but He rose again!" says the prisoner of conscience.





A Sure Faith

- Do we live in a black / white world, or one with shades of gray?
- Between truth and error, there can be no gray area. There is only light and darkness.
- Once we accept the possibility of truth & error mixing in shades of gray, we are ready to fall spiritually.
- We are to remember God's blessings from the past when enduring persecution today, for those blessings from the past will carry you through today's sufferings.

FAITH IN GOD INCLUDES FAITH IN HIS TIMING

HABAKKUK 2:3



Conclusion

"He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress; My God, in Him I will trust." Psalm 91:1-2

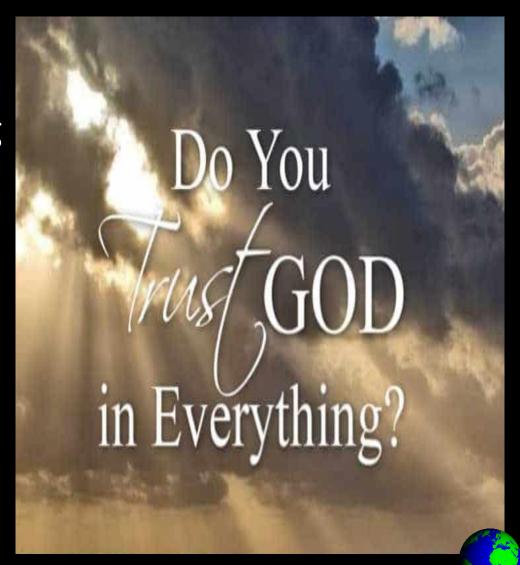


Conclusion

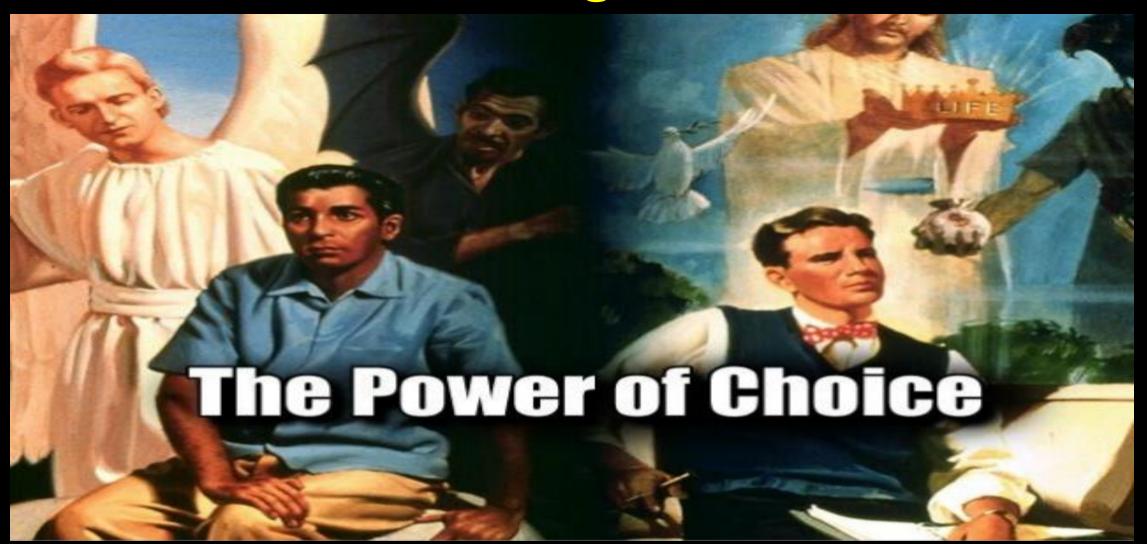
- 1. In what areas of my life am I consciously building my life on the words of Jesus?
- 2. In what areas of my life am I not building on the words of Jesus?
- 3. How may I prepare for persecution if God allows me to go through the fiery furnace for His sake?

Psalms 91:1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

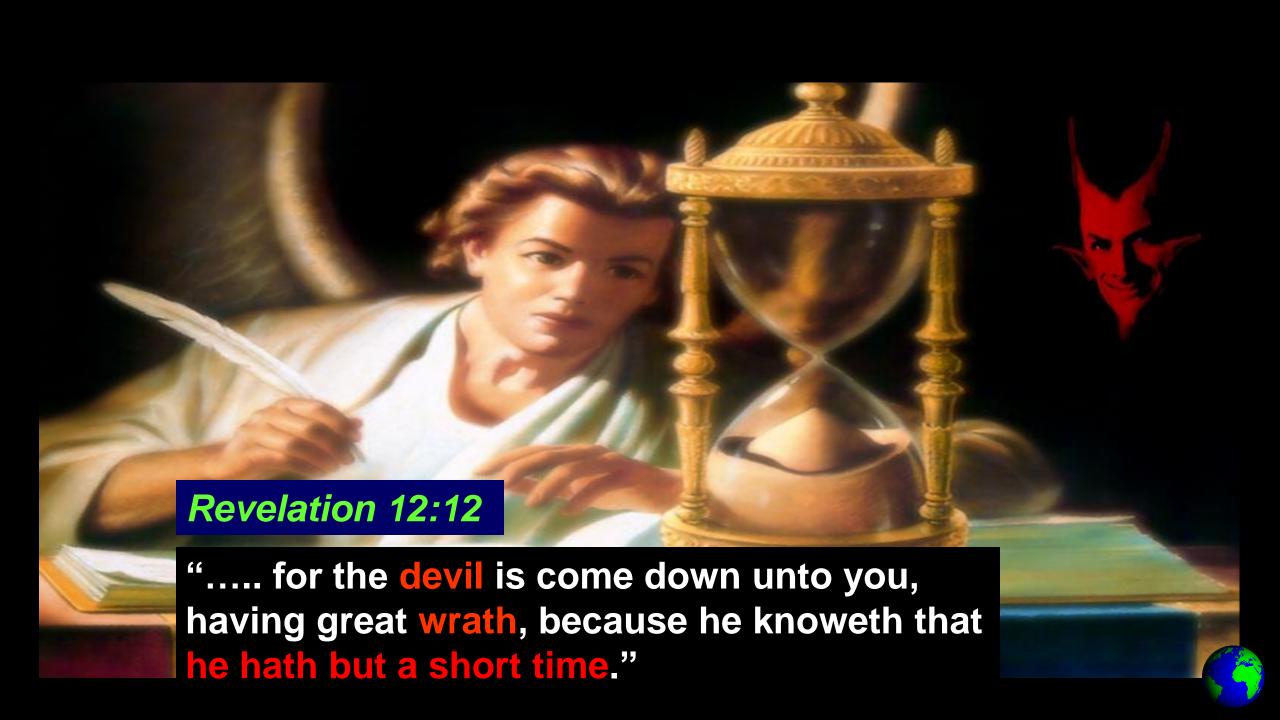
2 I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust.



God has given all:







Enter The Ark of Hope

And other sheep I have, which are not of this fold: them also I must bring, and they shall hear my voice; and there shall be one fold, and one shepherd.

- John 10:16



The Ark of the Covenant



Psalms 77:13

Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me. -Revelation 3:20





